

# PE Long Term Plan (Horizon Scheme of Work)



## Yearly Overview – Autumn

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	KS1 - Horizon PE Programme - Stability Unit 2	KS1 - Horizon PE Programme - Stability Unit 2	Lower KS2 - Horizon PE Programme - Football Unit 1	Lower KS2 - Horizon PE Programme - Football Unit 1	Upper KS2 - Horizon PE Programme - Football Unit 3	Upper KS2 - Horizon PE Programme - Football Unit 3
EYFS - SAQ® Horizon PE Programme - Early Essential Movement Patterns Observation Unit	KS1 - Horizon PE Programme - Locomotor Unit 2	KS1 - Horizon PE Programme - Locomotor Unit 2	Lower KS2 - Horizon PE Programme - Netball/Basketball Unit 1	Lower KS2 - Horizon PE Programme - Netball/Basketball Unit 1	Upper KS2 - Horizon PE Programme - Netball/Basketball Unit 3	Upper KS2 - Horizon PE Programme - Netball/Basketball Unit 3
<b>Autumn 2</b>	KS1 - Horizon PE Programme - Stability Unit 3	KS1 - Horizon PE Programme - Stability Unit 3	Lower KS2 - Horizon PE Programme - Football Unit 2	Lower KS2 - Horizon PE Programme - Football Unit 2	Upper KS2 - Horizon PE Programme - Football Unit 4	Upper KS2 - Horizon PE Programme - Football Unit 4
EYFS - Horizon PE Programme Stability Unit 1	KS1 - Horizon PE Programme - Locomotor Unit 3	KS1 - Horizon PE Programme - Locomotor Unit 3	Lower KS2 - Horizon PE Programme - Netball/Basketball Unit 2	Lower KS2 - Horizon PE Programme - Netball/Basketball Unit 2	Upper KS2 - Horizon PE Programme - Netball/Basketball Unit 4	Upper KS2 - Horizon PE Programme - Netball/Basketball Unit 4

## Yearly Overview – Spring

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Spring 1</b>	KS1 - Horizon PE Programme - Gymnastics Unit 1	KS1 - Horizon PE Programme - Gymnastics Unit 2	Lower KS2 - Horizon PE Programme - Gymnastics Unit 3	Lower KS2 - Horizon PE Programme - Hockey Unit 1	Upper KS2 - Horizon PE Programme - Gymnastics Unit 4	Upper KS2 - Horizon PE Programme - Dance Unit 3
EYFS - Horizon PE Programme - EYFS Locomotor Unit 1	KS1 - Horizon PE Programme - Dance Unit 1	KS1 - Horizon PE Programme - Dance Unit 2	Lower KS2 - Outdoor Adventures Activities (OAA) Unit 1	Lower KS2 - Horizon PE Programme - Gymnastics Unit 3	Upper KS2 - Outdoor Adventures Hockey	Upper KS2 - Horizon PE Programme - Gymnastics Unit 4

<b>Spring 2</b>	KS1 - Horizon PE Programme - Object Manipulation 1 - Throwing & Catching Unit 1	KS1 - Horizon PE Programme - Object Manipulation - Throwing & Catching Unit 1	Lower KS2 - Horizon PE Programme - Rugby Unit 1	Lower KS2 - Horizon PE Programme - Dance Unit 3	Upper KS2 - Horizon PE Programme - Rugby Unit 3	Upper KS2 - Horizon PE Programme - Rugby Unit 3
EYFS - Horizon PE Programme - Object Manipulation 1 - Throwing & Catching Unit 1	KS1 - Horizon PE Programme - Object Manipulation 1 - Throwing & Catching Unit 2	KS1 - Horizon PE Programme - Object Manipulation - Throwing & Catching Unit 2	Lower KS2 - Horizon PE Programme - Hockey Unit 1	Lower KS2 - Horizon PE Programme - Hockey Unit 1	Upper KS2 - Horizon PE Programme - Hockey Unit 3	Upper KS2 - Horizon PE Programme - Hockey Unit 3

## Yearly Overview – Summer

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Summer 1</b>	KS1 - Horizon PE Programme - Object Manipulation 2 - Dribbling & Striking Unit 2	KS1 - Horizon PE Programme - Object Manipulation 2 - Dribbling & Striking Unit 2	Lower KS2 - Horizon PE Programme - Rugby Unit 2	Lower KS2 - Horizon PE Programme - Rugby Unit 2	Upper KS2 - Horizon PE Programme - Rugby Unit 4	Upper KS2 - Horizon PE Programme - Rugby Unit 4
EYFS - Horizon PE Programme - Object Manipulation 2 Dribbling and Striking Unit 1	KS1 - Horizon PE Programme - Object Manipulation 2 - Dribbling & Striking Unit 3	KS1 - Horizon PE Programme - Object Manipulation 2 Dribbling & Striking Unit 3	Lower KS2 - Horizon PE Programme - Hockey - Unit 2	Lower KS2 - Horizon PE Programme - Hockey - Unit 2	Upper KS2 - Horizon PE Programme - Hockey - Unit 4	Upper KS2 - Horizon PE Programme - Hockey Unit 4

<b>Summer 2</b>	Consolidation Phase / Closing the Gaps	Consolidation Phase / Closing the Gaps	Lower KS2 - Horizon PE Programme - Athletics Unit 1	Lower KS2 - Horizon PE Programme - Athletics Unit 2	Upper KS2 - Horizon PE Programme - Athletics Unit 3	Upper KS2 - Horizon PE Programme - Athletics Unit 4
Consolidation Phase / Closing the Gaps	KS1 - Multi - Skills	KS1 - Multi - Skills	Lower KS2 - Horizon PE Programme - Tennis Unit 1	Lower KS2 - Horizon PE Programme - Cricket Unit 1	Lower KS2 - Horizon PE Programme - Tennis Unit 1	Upper KS2 - Horizon PE Programme - Cricket Unit 2