












Forest School Kit

We will be outdoors for Forest School sessions, rain or shine!



Wearing the correct clothing for Forest School will ensure that the children are able to have the independence and confidence to explore, play and have fun. It would be extremely helpful to check the weather forecast on the day of your child's Forest School session.

To make PE or Forest School Days straightforward, pupils should wear their standard PE uniform i.e. navy jogging bottoms and navy sweatshirt.

Winter/Cooler Weather	Summer/Warmer Weather
<ul style="list-style-type: none"> Comfortable trousers – PE jogging bottoms. Waterproof trousers for wet weather. Extra pair of leggings/tights/thermals under normal trousers in cold weather If your child has ski trousers then these can be worn in winter 	<ul style="list-style-type: none"> Comfortable trousers – PE jogging bottoms. (In very hot weather, pupils can wear their shorts/cycling shorts to school with their white t-shirt but they'll need to bring full length joggers to school to change into.) Waterproof trousers for wet weather. Standard 'thin' pair in summer for protection 
<ul style="list-style-type: none"> Base layer - long sleeved top/thermal top. Layer up if necessary. 	<ul style="list-style-type: none"> A long-sleeved T-shirt (Arms need to be covered. In very hot weather, pupils can wear their shorts/cycling shorts to school with their white t-shirt but they'll need to bring a full length t-shirt to school to change into.) 
<ul style="list-style-type: none"> Layers for the top of the body. (Long sleeved navy PE sweatshirt. Alternatively, bring a fleece to <u>change into</u> if necessary.) 	<ul style="list-style-type: none"> Layers for the top of the body. (Long sleeved navy PE sweatshirt.) 
<ul style="list-style-type: none"> A thick/warm, waterproof coat, preferably with a hood. 	<ul style="list-style-type: none"> Waterproof jacket for wet weather – a separate jacket to the school coat as this will get dirty. 
<ul style="list-style-type: none"> Wellies, outdoor boots or sturdy closed-toe 'outdoor' shoes. 	<ul style="list-style-type: none"> Wellies, outdoor boots or sturdy closed-toe 'outdoor' shoes - shoes will get muddy so definitely not sandals. 
<ul style="list-style-type: none"> Warm Socks – a pair to wear and a spare pair of wool/fleece/fluffy socks inside wellies in case of muddy/cold toes. Normal socks in wellies are not warm enough for cooler weather. 	<ul style="list-style-type: none"> Socks – a spare pair in case of muddy/cold toes. 



- Hat and gloves – also essential in late Autumn and early Spring term. (Thermal and waterproof are best as knitted gloves get damp and don't keep hands as warm during the colder months. Ideally, the hat should cover the ears.)



- A sun hat - Make sure to get one that will stay on well.
- Sun cream (if required) – applied at home and reapplied at school.

